



# Faith in Older People

## E-NEWSLETTER – January 2013

### Forthcoming Events

#### Edinburgh Interfaith Association

**Civic Cafe events:** FiOP is collaborating with the Edinburgh Interfaith Association on three civic cafe events to coincide with their monthly Community Meal:

**Monday 4th February, 4.30pm:** Ageing in our society - how different communities consider care & ageing

**Monday 4th March, 4.30pm:** Death and dying - attitudes from different faith communities.

**Monday 8th April, 4.30pm:** Healthy Ageing - what does this mean and how can we achieve it.

The fee for each event is £5 and all are welcome to join us for EIFA's Community Meal at 6pm next door in the Church Hall, where the conversation will continue with panelists and other community guests.

For more information, please contact FiOP by Tel: 0131 346 7981 / Email: [info@fiop.org.uk](mailto:info@fiop.org.uk)

OR Email Julia Cato (EIFA) at [julia@eifa.org.uk](mailto:julia@eifa.org.uk)

Please book online at [www.faithinolderpeople.org.uk](http://www.faithinolderpeople.org.uk)

### Forthcoming conference

FiOP is in the early stages of organising a conference with the support of ACTS and the Church of Scotland which will encompass: adapting to ageing congregations; palliative care and dementia; and death and dying.

#### THE ROLE OF THE CHURCHES IN SUPPORTING OLDER PEOPLE

In 2011 The Scottish Government published a 10 year strategy for older people in Scotland entitled 'Reshaping Care for Older People – a programme for change. This describes the challenges for society in relation to older people and ways in which a range of agencies and professions need to work together to find solutions.

The Vision outlined was that *'older people in Scotland are valued as an asset, their voices are heard and older people are supported to enjoy full and positive lives in their own home or in a homely setting'*.

Whilst it is recognised that faith communities play a significant role in caring and supporting older people, there is insufficient information about the range of services or involvement offered by different congregations and faiths.

It is therefore proposed to undertake a survey to establish a clearer view of the work undertaken by faith communities in Scotland and **Faith in Older People** has been commissioned by the Scottish Government Joint Improvement Team to undertake this work.

**Watch out for the questionnaire** which will be sent by post to individual congregations and faith communities in February when you will also be able to download it from the FiOP website

## 5th International Conference on Ageing and Spirituality July 2013

FiOP and MHA, the Conference organisers, invite submissions for presentations and papers which address the topic of creativity and ageing within the conference themes of:

Ageing Gifts

Ageing Changes

Ageing Hopes

Our keynote speakers include Professor Elizabeth Mackinlay, Professor Susan McFadden, Professor John Swinton, John Killick, Claire Craig, Baroness Neuberger and Professor Phil Hanlon.

Please see conference website for further details: [www.fiop-mha.events-made-easy.com](http://www.fiop-mha.events-made-easy.com)

**We are currently accepting abstracts for the [parallel sessions](#) and [workshop ideas](#).**

**The closing date for all submissions is 31<sup>st</sup> January 2013**

## Good Life, Good Death, Good Grief

FiOP is one of a wide range of organisations which have joined the “Good Life, Good Death, Good Grief” Alliance which aims to promote more openness in Scottish society about death and dying.

At an event organised by the Alliance in November, delegates heard about the progress made since Good Life, Good Death, Good Grief was set up a year ago and two projects being run by member organisations.

Strathcarron Hospice in Forth Valley is running an action research project looking at ways of engaging primary school pupils in thinking about and discussing death, dying and bereavement. NHS Fife is pioneering a public health approach to death, dying and bereavement in the belief that acceptance, openness and preparation will lead to a better death and better grief with consequent society-wide benefits. Delegates also heard a moving presentation by Dr Kate Granger who spoke of her experience as a doctor who has, herself, an incurable, terminal illness.

For further information about Good Life, Good Death, Good Grief please see their website:

[www.goodlifedeathgrief.org.uk](http://www.goodlifedeathgrief.org.uk)

**Training** is a core activity for FiOP and we have continued to provide a range of training for congregations, health and social care staff and volunteers in different parts of Scotland. These have encompassed dementia; memory boxes; communication and death and dying with a focus on the spiritual care element. Please contact [info@fiop.org.uk](mailto:info@fiop.org.uk) to discuss your training requirements, which we can tailor to meet your specific needs.

**Faith in Older People is very grateful for the financial commitment it receives from Trusts, Foundations and individuals. This helps us to plan our future and continue to expand the diverse range of work we do.**

**If you would like to support our work by making a donation, please send a cheque, made payable to ‘Faith in Older People’, to the address below.**

## Upcoming Conferences in Edinburgh:

### Death in Modern Scotland

EIFA are holding this conference from the 1st to 3rd of February, at New College, Edinburgh. Please click [here](#) for more information

### 'Caring for the Rising Population of Older People in Scotland'

To be held in Edinburgh on Wednesday, 24<sup>th</sup> April 2013, this one day conference will focus on the care of our ageing population in Scotland with contributions from the Public Guardian and senior care and legal practitioners. The conference aims to provide participants with an outline of care and guardianship issues and an understanding of the legal issues around the Adults with Incapacity Act, as well as bringing together key groups to discuss the future of care. Please see website for more information:

<http://www.mackayhannah.com/conferences/caring-for-our-growing-elderly-population-in-scotland>

## National Care Standards consultations

The forthcoming consultation on National Care Standards will ensure the standards continue to meet the needs of service users. The original timelines and end date for consultation for this project have changed. Please see the 'Forthcoming consultations' section of the Scottish Government website for updated timelines: [www.scotland.gov.uk/Consultations/Forthcoming](http://www.scotland.gov.uk/Consultations/Forthcoming)

**Faith in older people promotes a better understanding of the importance of spiritual care, as an integral part of person centred care**

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Please state your name, address and email and confirm that you would like us to send you the Newsletter by email in future.

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