



MARCH 2016 NEWSLETTER

All our events can be booked via our website www.faithinolderpeople.org.uk or through the Office at 21A Grosvenor Crescent, Edinburgh EH12 5EL

FAITH IN OLDER PEOPLE IS A SMALL VOLUNTARY ORGANISATION WHICH AIMS to enhance the quality of life and well-being of older people by working with those providing practical, pastoral or spiritual care.

WE DO THIS THROUGH TRAINING AND RESEARCH PROJECTS AND CONSULTATION.

In addition to these events we also offer the possibility of tailor-made courses.

IF YOU WOULD LIKE TO DISCUSS THIS, PLEASE CONTACT ME AT director@fiop.org.uk or telephone 0131 346 7981.

FORTHCOMING EVENTS

MONDAY 16 MAY 2016 - REGISTRATION 10.00am: START 10.30am FINISH 3.30pm

VENUE - The Steeple Church, Nethergate, Dundee

HOW LISTENING CAN BRING LIFE

A day event for anyone involved with Pastoral Care of older people

Led by Jenny Williams, former Chaplain to the Christian Fellowship of Healing

'The intention of the day is to allow us all to appreciate the power of listening well; so that listening can be both ordinary and extraordinary.'

AIM – to give encouragement to those engaged in pastoral care and offer tools to support on-going reflection enabling individuals and small groups to better access the resources within themselves. The day will be participative with a mixture of input, reflection with one another and group sharing.

Cost: £50.00 - includes tea/coffee and lunch

TUESDAY 24 MAY 2016 - REGISTRATION 1.30pm: START 2.00pm FINISH 4.30pm

VENUE -St Mungo's Museum & Zen Gardens, Castle Street, Glasgow

MUSIC - an event based on music with a focus on how to enable the development of singing groups in community and residential settings

Led by Diana Kerr who will introduce her guide to setting up singing groups and engage us in a practical way.

Cost: £25.00 includes tea/coffee

TUESDAY 7 JUNE 2016 - REGISTRATION 10.00am: START 10.30am FINISH 4.00pm

VENUE - Grosvenor Hilton Hotel, Grosvenor Street, Edinburgh

Spirituality & Palliative Care - Faith in Older People and Scottish Palliative Care Partnership joint Conference

The aim of the Conference is to consider the impact of recent policy initiatives in relation to spirituality and palliative care and the extent to which spiritual care is an integral part of person-centred care is implemented towards the end of life.

The Conference will provide an opportunity to survey the policies and to consider the impact on practice in a variety of settings which reflect the integration of health and social care.

Cost: £75.00

FORTHCOMING EVENT (Autumn 2016) - OUTSIDE WORLD AND WELLBEING

VENUE -St Mungo's Museum & Zen Gardens, Castle Street, Glasgow

Following our successful event in Edinburgh, we are planning to run this event in Glasgow in the autumn. Expressions of interest would be most welcome.

Why is going outside so crucial for older people and people with dementia? This seminar will give us key insights into the greater spiritual aspects of our relationship with nature and what gives meaning and purpose to our lives. It will challenge our assumptions and give us new perspectives.

SAVE THE DATE

WEDNESDAY 23 NOVEMBER 2016 - REGISTRATION 10.00am: START 10.20am FINISH 4.00pm

VENUE - Roxburghe Hotel, 38 Charlotte Square, Edinburgh

Faith in Older People and MHA joint Conference

NOVEMBER CONFERENCE

The purpose of the Conference is to look at ageing with meaning, encompassing inclusion, spirituality, adaptation and faith.

Keynote speaker: Professor Elizabeth Mackinlay, Charles Sturt University, Australia

WHAT HAVE WE BEEN DOING?

EVENTS

The last few months have been very busy with a number of different events and projects. We have organised successful seminars on a range of issues and the feedback on them has been excellent. Each of the topics, Outside World, Music and Listening, pick up on key aspects of spirituality and highlight ways in which we can ensure that they are encompassed in daily living. We will be repeating the seminars in different areas in the coming months to enable more people to attend and those that have been confirmed are included in this newsletter.

If you can draw together a group who want to participate in any of the topics, please let us know as it is possible to arrange a specific event.

FiOP is also planning several major conferences to address the particular issues we have been working on in different projects. Again these are included in this newsletter and further details will be available on the website in the coming months. www.faithinolderpeople.org.uk

PROJECTS

We continue to develop our '**Dementia Friendly Faith Communities Project**' and this has aroused a lot of interest. At the present time we are developing resource material which is aimed at affirming action already taken and pointing the way to further developments. We are keen to hear from you and your organisation of any work that you have undertaken and also if you would like a member of the team to visit to discuss the potential. We are planning to consult on the materials before we launch them so if you would like to be included in the consultation/pilot please contact: Maureen O'Neill email: director@fiop.org.uk

FiOP is working with the **NHS Lothian Chaplaincy** on a project to ascertain the needs of staff in the continuing care units to better understand spiritual needs and to make recommendations as to how such needs could be effectively met.

Education and learning has been a core activity over the years and we are taking the opportunity to consider how we might more effectively undertake this work in order to reach more people and in what way. We will be consulting with faith communities and care homes to discuss a range of issues including the potential of on-line resources. We would value your ideas so please contact Maureen O'Neill email: director@fiop.org.uk

FiOP will be collaborating with the Church of Scotland Guild to put in place a **Consultative Body** from different denominations to reflect upon and respond to the needs, attributes and expectations of older members of the churches. This project has emerged from the work which FiOP, the Guild and the Church of Scotland Mission Forum have been engaged with over the past few years.

If you are interested in participating, please contact: Maureen O'Neill email: director@fiop.org.uk or Iain Whyte at the Church of Scotland Guild email: iwhyte@churchofscotland.org.uk

OTHER ISSUES

AGE SCOTLAND'S EARLY STAGE DEMENTIA PROJECT

This project is funded by the [Life Changes Trust](#) to support the charity in developing dementia awareness training for our staff, member groups, volunteers and partners. The Project has been established to improve the charity's information and advice resources, ensuring they are suitable for people with dementia, their carers and relatives. We are working to raise awareness of the signs and symptoms of dementia to encourage people to seek an early diagnosis, meaning people with dementia can access support services sooner.

We also aim to improve public knowledge on how healthy living can have a significant impact on both preventing dementia and slowing the onset for those living with the condition. Smoking, diet and levels of activity can all have an impact on the risk of developing dementia. By encouraging individuals to seek early diagnosis, promoting interventions and improving society's perceptions, the Project Team will support older people to live well with dementia for as long as possible and to make the most of their lives.

To enquire further about the work of the Project or to input on what information on Early Stage Dementia you would find helpful you can contact the team on ESDteam@agescotland.org.uk or call 0333 32 32 400

Richard Baker, Early Stage Dementia Policy Officer

RESOURCES

Mission and Older People – A study Guide: available from Church of Scotland
The Golden Age Project - A resource: available from the Church of Scotland Guild
(Church of Scotland, 121 George Street, Edinburgh EH2 4YN)

POLICIES AND REPORTS

National Care Standards

The Care Inspectorate, Healthcare Improvement Scotland and the Scottish Government have been reviewing the National Care Standards and FiOP responded to the consultations. The consultation paper and the FiOP responses are on the website: www.faithinolderpeople.org.uk together with an up-date which was recently produced setting out the key themes which emerged from the consultation and the timetable for future action.

Palliative Care

The Scottish Government issued its '**Strategic Framework for Action on Palliative and End of Life Care**' 2016-2021 in December 2015. This can be obtained from the Scottish Government website: www.gov.scot/Publications/2015/12/4053

Faith at the end of Life: A resource for professionals, providers and commissioners working in Communities. Issued by Public Health England January 2016
<https://www.gov.uk/government/publications/faith-at-end-of-life-public-health-approach-resource-for-professionals>

BOOKS

The following books are available from Jessica Kingsley Publishers, 73 Collier Street, London N1 9BE

- **Spiritual Care in Practice** – edited by George Fitchett & Steve Nolan £18.99
- **Critical Care: delivering spiritual care in healthcare context** – Jonathan Pye, Peter Sedgwick and Andrew Todd £19.99
- **Spiritual Care at the end of life: The Chaplain as a 'hopeful presence'** – Steve Nolan £18.99
- **Palliative Care, Ageing and Spirituality: a guide for older people, carers and families** – Elizabeth Mackinlay £12.99
- **The Psychology of Spirituality: an introduction** – Larry Culliford £14.99
- **Spirituality, Values and mental health: jewels for the journey** – Mary Ellen Coyte, Peter Gilbert and Vicky Nicholls £25.00
- **Facilitating Spiritual Reminiscence for People with Dementia: a learning guide** – Elizabeth Mackinlay and Corinne Trevitt £22.99
- **Spiritual Growth and Care in the Fourth Age of Life** – Elizabeth Mackinlay £19.99
- **Ageing and Spirituality Across Faiths and Cultures** – Elizabeth Mackinlay £22.99
- **Ageing, Disability and Spirituality: addressing the challenge of disability in later life** – Elizabeth Mackinlay £19.99
- **Spiritual Dimensions of Pastoral Care: practical theology in a multidisciplinary context** – edited by David Willows and John Swinton £19.99