

FAITH IN OLDER PEOPLE E-NEWSLETTER: April 2015



FORTHCOMING EVENTS

15 June 2015

10.00am-3.00pm

LET'S TALK

Venue: Edinburgh University Chaplaincy

Civic café discussion on end of life issues

Cost: £45.00 including lunch

25 June 2015

10.00am-3.30pm

MAKING SENSE OF LIFE'S EXPERIENCES

Venue: Ignatian Spirituality Centre, Glasgow

This course is aimed at enabling care homes staff to understand the concept of spiritual care.

Cost: £65.00 including lunch

29 June 2015

10.00am-3.00pm

RISK AND RESILIENCE

Venue: St Augustine's, George IV Bridge, Edinburgh

This event will explore how older people are able to keep their wellbeing buoyant as they face losses and changes in their circumstances.

Cost: £45.00 including lunch

22 October 2015

4.30pm-6.30pm

MALCOLM GOLDSMITH LECTURE

Speaker: Professor Sir Harry Burns

Venue: Hilton Edinburgh Grosvenor,
Grosvenor Street, Edinburgh

The causes of wellness throughout life

Cost: £16.00 including wine reception

All courses can be booked via Faith in Older People website: www.fiop.org.uk

FAITH IN OLDER PEOPLE E-NEWSLETTER: April 2015

REPORTS FROM PREVIOUS EVENTS

INSPIRATION TODAY-HOPE FOR TOMORROW CONFERENCE

Faith in Older People in collaboration with Animate, the Alliance and the NHS Chaplaincy, held a very successful conference in Glasgow on 16th March. The 70 participants were drawn from organisations across Scotland for which spiritual health and well-being is an inherent part of the service they undertake. The purpose of the conference was to be interactive and to share experiences and ideas in a practical way. The day was stimulated by Andrew Lyon from the International Futures Forum and Matthew Todd getting all the participants to sing!

THE CONTRIBUTION OF FAITH COMMUNITIES IN THE CARE OF OLDER PEOPLE

As part of continuing consultation Faith in Older People (FIOP) held a workshop in Glasgow to find out what different faith communities were doing in support of older people. The outcome was a very rich and diverse programme in different areas. Our aim is to ensure that these contributions are recognised and appreciated within the context of the Reshaping of Care for Older People agenda. FIOP is appreciative of the support provided by the Scottish Government to undertake these consultations and further events are being planned.

If you would like to invite FIOP to undertake a workshop in your area, please contact info@fiop.org.uk

FORTHCOMING PROJECT

DEMENTIA FRIENDLY CHURCHES

FiOP is piloting a course on how to better include people with dementia in our congregations. This will look at how church members can understand dementia as well as how to make the best of the physical environment. The aim is to reduce the physical, social and attitudinal barriers

which can isolate people with dementia in all areas of life, and to help them receive the blessing of their involvement in the faith community.

If you would like to consider using this programme in your own area, please contact info@fiop.org.uk

INFORMATION

LONELINESS AND ISOLATION

This is a key issue affecting older people and has a big impact on their health and well being. The Institute for Research and Innovation in Social Services (IRISS) has produced an issue of 'Insights' on 'Preventing social isolation and loneliness in older people' (No 25 March 2014)

www.iriss.org.uk or enquiries@iriss.org.uk

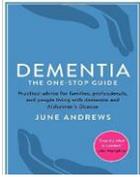
Befriending Networks are also holding 'Health and Loneliness' Roadshows during 2015. For further information please go to <http://www.befriending.co.uk/health-loneliness-roadshows>

TRAINING AND DEVELOPMENT COORDINATOR

Helen Welsh is off to pastures new and we will miss her. Helen has helped us to widen our connections and to think up some new ideas and her regular blog has been a great addition. We wish you all the best for the future.

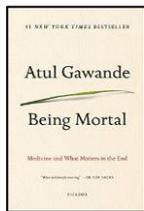
FAITH IN OLDER PEOPLE E-NEWSLETTER: April 2015

BOOKS



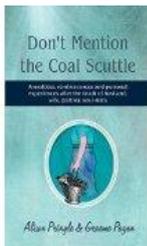
Dementia – the one-stop guide. Author: Professor June Andrews
Practical advice for families, professionals and people living with dementia and Alzheimer's disease.

Copies available from the Dementia Services Centre, Stirling University



On being mortal. Author: Dr Atul Gawande
If you listened to and enjoyed the 2015 BBC Reith Lectures, this book will be on interest.

One review: "*Being Mortal*, Atul Gawande's masterful exploration of ageing, death, and the medical profession's mis-handling of both, is his best and most personal book yet.



Don't Mention the Coal Scuttle by Graeme Pagan and Alison Pringle.
This warm, humorous and engaging book tells of the authors' separate experiences of losing their spouse; and how they met by chance after many years and helped each other come to terms with loss and bereavement.
The book is available from www.authoressentials.com

FAITH IN OLDER PEOPLE E-NEWSLETTER: April 2015

OTHER EVENTS AND INFORMATION

ETHICS AND FAITH IN THE REAL WORLD

In Academic and Professional, Business and Public Life

Seminars to be held at the Catholic Chaplaincy, 24 George Square, Edinburgh

From: 6.00pm - 7.30pm on Wednesday evenings

AIMS OF THE SERIES:

1. To facilitate seminars in which those of us who support the mission of the *Albertus Institute* can explore together some of our concerns and intellectual interests in the relation between faith and practical ethics in daily life today.
2. To share experience of how we exercise personal moral responsibility in the various areas of our lives and work, and of the role faith plays in our decision-making.
3. To discuss ways in which we can contribute both individually, and through the Institute, to promote more public dialogue about current issues of ethical importance.

FACILITATORS:

Henry S Thompson – Professor School of Informatics, University of Edinburgh

Ian E Thompson – Professor Emeritus of Philosophy, University of Notre Dame, Australia

See: Albertus Institute Website – [www.http://albertusinstitute.org/](http://albertusinstitute.org/)
or A. I. Blog:

<http://albertusinstitute.org/news/article/albertus-institute-blog-page-httpalbertusinstitute/>

The 6th International Conference on Ageing and Spirituality: Paradox and Promise in the Pilgrimage of Aging

4th - 7th October 2015, Los Angeles, California

The 6th International Conference continues a series of international Conferences which began in Canberra in 2000. All have explored aspects of Ageing and Spirituality, and all have been held in countries of the British Commonwealth--Australia, New Zealand, England and Scotland. The 5th International Conference held in Edinburgh in 2013, explored the ways that Resilience and Creativity support the spiritual lives of older people. For more information, please go to the conference website: www.6thinternationalconference.org



Faith in Older People

Registered Company SC322915 Registered Charity SC038225

21a Grosvenor Crescent

EDINBURGH EH12 5EL

Tel: 0131 346 7981

Email: info@fiop.org.uk

Website: www.faithinolderpeople.org.uk

Please support our work by making a donation.

Send a cheque, made payable to

'Faith in Older People', to

Faith in Older People,

21a Grosvenor Crescent,

Edinburgh EH12 5EL