

# FAITH IN OLDER PEOPLE E-NEWSLETTER: June 2015



## FAITH IN OLDER PEOPLE - SCOTTISH PARLIAMENT RECEPTION



Left to right: Richard Baker MSP, Maureen O'Neill, Sandra White MSP, Rt Rev Bruce Cameron

*"Thoroughly enjoyed making contacts and look forward to working with the FIOP team in the future!"*

It was a milestone for FiOP as a small organisation to hold a reception in the Scottish Parliament. It was important to be able to highlight the vital role played by faith communities in supporting older people through a range of services which link individuals to the community whether they are at home or in a care setting. The survey FiOP undertook showed the extent of this work and also that it often goes unrecognised because those providing it 'feel that it is something they just do in support of their community'.

It was also good to have a focus on the spiritual aspects of our lives as we grow older which are integral to providing person-centred care with its focus on 'what gives meaning and purpose to our lives'.

We are grateful to Richard Baker MSP for hosting the event and to Sandra White, Convenor of the Cross Party Group on Age and Ageing for her welcome and presentation. It was also an opportunity to bring together the dynamic group of individuals and organisations with which FiOP has collaborated and which have greatly enhanced our work.

## FORTHCOMING EVENTS

In developing an understanding of spiritual care FiOP has a focus on the different elements which are part of meaning and purpose in our lives. These include creativity, nature, relationship and faith. In a series of lectures/events in the coming months we will be exploring these elements. We will begin with:

### Nature

#### The Outside World and Wellbeing

Speaker: Professor Mary Marshall  
Scottish Storytelling Centre, Edinburgh  
29 September 2015: 2.00pm-4.30pm  
Cost: £25.00 includes Scottish Cream Tea

A new book, edited by Professor Mary Marshall and Jane Gilliard, on *Creating Culturally Appropriate Outside Spaces and Experiences for People With Dementia* forms the basis of this seminar which will give us key insights into the greater spiritual aspects of our relationship with nature and what gives meaning and purpose to our lives. It will challenge our assumptions and give us new perspectives.

### Music

**15th December 2015** there will be an event on music with a focus on how to enable the development of singing groups in community and residential settings. This event will be led by **Diana Kerr** who will introduce her guide to setting up singing groups and will engage us in a practical way. *Diana Kerr* has over thirty years' experience as a trainer, practitioner and educator in the field of the care and support of older people.

Music is important to us as a species and it can be particularly important to people with dementia. Singing in groups can improve a person's mood, recall, self-esteem and overall quality of life.

Her book is entitled *Singing in Groups for people with Dementia - a Guide to seeing and running groups in community and residential settings*. Published by Choir Press £10.00.

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## FORTHCOMING EVENTS

### 22 October 2015 MALCOLM GOLDSMITH LECTURE 2015

4.30pm-6.30pm

**Speaker: Professor Sir Harry Burns**

*The causes of wellness throughout life*

Venue: Hilton Edinburgh Grosvenor

Cost: £16.00 including wine reception

**Sir Harry Burns** is the Professor of Global Public Health, University of Strathclyde having been the Chief Medical Officer for Scotland from September 2005 to April 2014. He has become known for his work to address health inequalities.

All FAITH IN OLDER PEOPLE events can be booked via our website: [www.fiop.org.uk](http://www.fiop.org.uk)

### National Care Standards Up-date

FiOP contributed to the review of the standards in 2014. Following the consultation a Development Group has been set up to be co-chaired by the Care Inspectorate and Healthcare Improvement Scotland. This group will identify networks for further engagement, consultation and testing of the proposed standards and it is expected that this will take up to 18 months to complete.

### ENGAGE AND INSPIRE the newsletter of the Third Sector Health and Social care Support Team - Welcome to Issue 31

This newsletter focusses on developments in relation to health and social care integration but you will also find some information about policy and practice developments more generally, useful resources and interesting events that are on the horizon.

[Link to newsletter pdf](#)

### Scottish Partnership for Palliative Care Annual Conference 2015

[REGISTER NOW](#)

Wednesday 23 September 2015 - Royal College of Physicians of Edinburgh

Further information and the booking form can be found [here](#)

### Just Festival 2015



Bigger than ever, Just Festival is celebrating its 15th year with over 300 events and performances from the 7-31 August. Open to everyone, the launch is free to attend and will showcase tasters of what the Festival has to offer.

### CARE & REPAIR: Who are we?

Care & Repair provide a range of practical services and advice to assist elderly and disabled people in Edinburgh to live in their own homes in more comfort, security and with greater independence, including: *Handyperson Service; Home from Hospital Service; Small Repairs Service; Home Improvement Service*

If you would like to volunteer, or if you require assistance, contact

0131 337 1111 or visit the website

<http://www.careandrepairedinburgh.org.uk/>

### BOOKS



10 Helpful hints for dementia-friendly communities

Available from DSDC  
University of Stirling

£7.50



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Please support our work by making a donation. Send a cheque, made payable to 'Faith in Older People'