

# FEBRUARY 2018 NEWSLETTER



## ***FAITH IN OLDER PEOPLE***

is a small voluntary organisation which aims to enhance the quality of life and well-being of older people by working with those providing practical, pastoral or spiritual care.

WE DO THIS THROUGH TRAINING, EVENTS, RESEARCH,  
PROJECTS AND CONSULTATION.

In addition to these events, we also offer the possibility of tailor-made courses.

IF YOU WOULD LIKE TO DISCUSS THIS, PLEASE CONTACT ME (Maureen O'Neill) at  
[director@fiop.org.uk](mailto:director@fiop.org.uk) or telephone 0131 346 7981

All our events can be booked via our website  
[www.faithinolderpeople.org.uk](http://www.faithinolderpeople.org.uk)

**LONELINESS AND ISOLATION** – Noted below is the link to the recently launched Scottish Government consultation on the draft strategy to combat loneliness and isolation. It would be helpful if you could let FiOP have a copy of your response as this would help us to continue to develop the work being undertaken by FiOP and the Church two meetings we held last year to the Scottish Government and other interested parties.

<https://consult.gov.scot/equality-unit/connected-scotland/>

## BECOME A FRIEND OF FIOP

As you know the past 10 years have been stimulating, fun and ambitious with a huge amount of learning as the charity developed and settled into its key role nationally. We have been fortunate to have worked with a tremendous team of associates who have brought different skills and experience which has enabled this incredible expansion of our work. Our growth has been enriched and complemented by opportunities to collaborate with organisations whose work also encompasses the spiritual dimension.

Keeping the spirit alive despite circumstances is fundamental to our well-being so we need to understand what matters to each of us as we age. Over the past 10 years we have had 3375 participants in our courses; held seven Malcolm Goldsmith Lectures with internationally renowned speakers; organised an international conference; undertaken six research projects and published a variety of articles and reports. We have responded to identified need with a range of projects and importantly collaborated with different organisations who bring experience and expertise. See our [2017 ANNUAL REVIEW](#)

The requests we receive to participate in events and the number of people responding to our courses and projects are testament to a growing awareness of the spiritual dimension and the work of our small team. It is included in Scottish Government policies and recognised by regulatory bodies but there is still so much more to achieve. We want to ensure that the spiritual dimension is well understood and that those providing care know *'what gives zest, energy, meaning and identity to the person's life, in relation to other people and the wider world'*.<sup>1</sup> This applies to those cared for and those providing the care.

We remain ambitious for the future, but we need and value your support. **Please become a FRIEND of FiOP.** An annual contribution of £25 will make an enormous difference to our small organisation. As a Friend you will receive our regular eNewsletter and invitations to our events. **Please request an application form from [info@fiop.org.uk](mailto:info@fiop.org.uk)** . Find out more about our work on [www.faithinolderpeople.org.uk](http://www.faithinolderpeople.org.uk)

With all good wishes

Your sincerely



Bob Rendall  
Chairperson



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<sup>1</sup> Froggatt K. and Moffitt L. (1997) *Spiritual needs and religious practice in dementia care. State of the Art in Dementia Care*, London: Centre for Policy on Ageing (Ed. M. Marshall)

## FORTHCOMING EVENTS

Watch out for FAITH IN OLDER PEOPLE'S future events

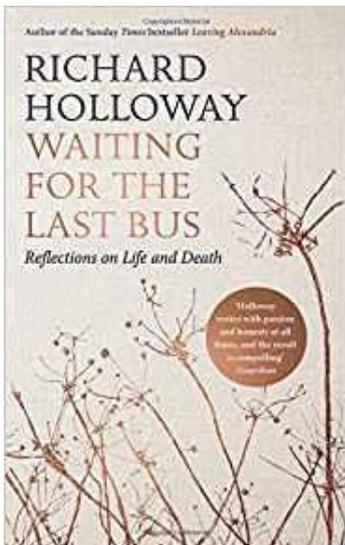


St Mary's Cathedral, Edinburgh – Open Day 28 April 2018;  
**Creative Days;**                    **Death and Dying (Clergy);**  
**Malcolm Goldsmith Lecture;** eLearning Launch; **Music;**  
**Roundtable – Theology of Ageing**  
**DATES TO BE CONFIRMED**



**THURSDAY 1 MARCH 2018**

Richard Holloway:  
Waiting for the Last Bus



7:30pm, Summerhall Main Hall, Edinburgh  
contact the shop to book – 0131 447 1917  
or email us on  
[mail@edinburghbookshop.com](mailto:mail@edinburghbookshop.com)

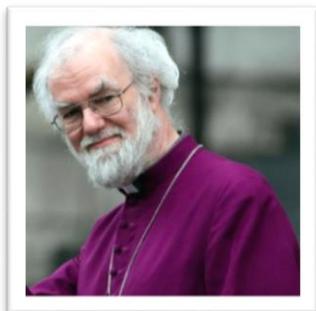
**£10 (£3 off book with ticket)**

We are delighted to present the launch of the wonderful Richard Holloway's new book *Waiting for the Last Bus: Reflections on Life and Death*.

Join us for a very special reading and Q&A, and the chance to get a signed copy of his book on this most universal and important of topics.

*"Radical, joyful and moving, Waiting for the Last Bus is an invitation to reconsider life's greatest mystery by one of the most important and beloved religious leaders of our time." (Canongate)*

**DR ROWAN WILLIAMS – An Evening with Dr Rowan Williams**



**Wednesday 21 March 2018. In conversation with Professor Mona Siddiqui, Professor of Islamic and Interreligious Studies.**

**St Mary's Cathedral, Palmerston Place, Edinburgh EH12 5AW.**

**Cost £10/£8 (concessions) £3 (students).**

**Contact Neill Walker – [mesp2018@hotmail.com](mailto:mesp2018@hotmail.com)  
0131 331 4469**

## THE EDINBURGH INTERNATIONAL CENTRE FOR SPIRITUALITY AND PEACE BOOKLET (EICSP 2018) – contact <http://eicsp.org/> for details of all events.

Saturday 24 February – Sunday 25 March 2018 - 15<sup>th</sup> Annual Edinburgh International Festival of Middle Eastern Spirituality and Peace, MESP 2018, will bring together people from a wide range of spiritual backgrounds.

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### VISIT TO EDINBURGH BY ANDREW HARVEY – 2-DAY RETREAT: HOPE AND SACRED ACTIVISM

**SATURDAY 14-SUNDAY 15 APRIL 2018. Main Hall, City of Edinburgh Methodist Church, 25 Nicholson Square, Edinburgh EH8 9BX. Cost £100/£80 (concessions). Registration from 9.30am. Contact Neill Walker – [mesp2018@hotmail.com](mailto:mesp2018@hotmail.com) 0131 331 4469.**



**SCOTTISH PARTNERSHIP FOR PALLIATIVE CARE** is organising the following event:

#### Everyday Compassion Conference

This conference will bring together experts from across Scotland, the UK and beyond, to explore practical ways of encouraging a more open, supportive and compassionate Scotland in relation to death, dying and bereavement.

Plenary speakers include **Kerrie Noonan**, Director of **Australia's Groundswell Project**, **Professor Allan Kellehear** of Bradford University, and **Dr Libby Sallnow** of St Joseph's Hospice London.



Themes covered will include Compassionate Communities; Death Education and Bereavement Support in Schools; Socio-economically Disadvantaged Communities; the Role of Faith Communities; Media Campaigns; Community Development and Compassionate Workplaces. View the full programme here: [Everyday Compassion Conference Programme](#)

**[NB Faith in Older People (FiOP) will be taking a discussion group on ‘The role of Faith Communities – the practical and the spiritual’]**

The event takes place on **Wednesday 25th April 2018** at Renfield St Stephen Centre, Glasgow. Tickets, priced at £20, are available via [Eventbrite](#). – for more information please click [HERE](#)

**PALLIATIVE AND END OF LIFE CARE TEAM** - Further to the publication of 'Enriching and Improving Experience. Palliative and End of Life Care: A framework to support the learning and development needs of the health and social services workforce in Scotland'. The framework is now available on NHS Education for Scotland TURAS Learn:

<https://learn.nes.nhs.scot/2452/palliative-and-end-of-life-care/palliative-and-end-of-life-care-a-framework-to-support-the-learning-and-development-needs-of-the-health-and-social-service-workforce-in-scotland>

If you require any further information, please contact [pallcare@nes.scot.nhs.uk](mailto:pallcare@nes.scot.nhs.uk).

**GOOD DEATH WEEK** will take place across Scotland from **14-20 May 2018**. It is an opportunity for individuals and organisations to promote the positives of living in a society where people can be open about dying, death and bereavement. It replaces our annual 'awareness week', which in previous years has seen all kinds of events including death cafes, conferences, art exhibitions, information sessions, film screenings, craft workshops and before I die walls. Organisations are invited hold events to mark the occasion, as well as making a noise over social media. Anyone can get involved by organising an event. to chat through your ideas, [get in touch](#), and if you are planning to take part please let us know so we can help promote your event. For those looking for inspiration, the theme this year will be 'What does a good death mean to you?'

## **DEAF WITH DEMENTIA IN SCOTLAND - BSL Dementia Training FREE**

We can provide you and your team with a maximum of half a day's training. Get in touch with us to discuss your requirements.

Contact: LUCY CLARK 07548 217781 or email [dementia.scot@bda.org.uk](mailto:dementia.scot@bda.org.uk)

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### **'PERSON CENTRED CULTURE – Removing the blinkers' Sharing the learning from the Marie Curie Edinburgh Hospice.**

**Admission: Free. Tuesday, 24th April 2018, 12.30 – 4.30pm. The Norton Street Conference Centre**  
*The Marie Curie Edinburgh Hospice would like to invite you to a free event to explore how strengthening a person centred culture can deliver positive change in care and support for staff, patients, families and carers.*

#### **Why should you attend?**

'Person-centredness' is a topical theme for health and social care organisations, as they explore how patients, staff, families and carers can sit at the heart of care and decision-making.

The Scottish Government is looking to ensure a person centred approach is taken in the design of care and support across health and social care settings. The principles and approach of person-centredness is central to the new Health and Social Care Standards which will inform the inspection framework.

The Marie Curie Edinburgh hospice can demonstrate some of the tools which have helped create real organisational change, and improved performance and quality of care as it has moved towards a person centred culture. This is a practical, interactive conference based on active learning and sharing of knowledge and best practice.

To read more about the event and sign up, click [here](#).

# Spiritual care is already happening

**SPIRITUAL CARE MATTERS** is for all staff and volunteers working in care homes, health and social care. It is an on-line learning course designed to promote, recognise, respect and support the spiritual well-being of older people.

The course is an introduction to spiritual care, how it is defined, what it means in practice and why it is important.



**Spiritual Care Matters** was developed by [Faith in Older People](#) and is based on the publication *Spiritual Care Matters – An Introductory Resource for all NHS Scotland Staff* (NHS Education Scotland, 2007). For more information, contact: Maureen O’Neill, Director, Tel: 0131 346 7981, Email: [director@fiop.org.uk](mailto:director@fiop.org.uk)

**“..... liked the Daily 30-minute lesson – realistic, achievable and flexible.”**  
Head of Care

The course uses the SSSC Open Badge to recognise learning for ongoing staff development and the link is : <https://www.badges.sssc.uk.com/badges/spiritual-care-matters/>

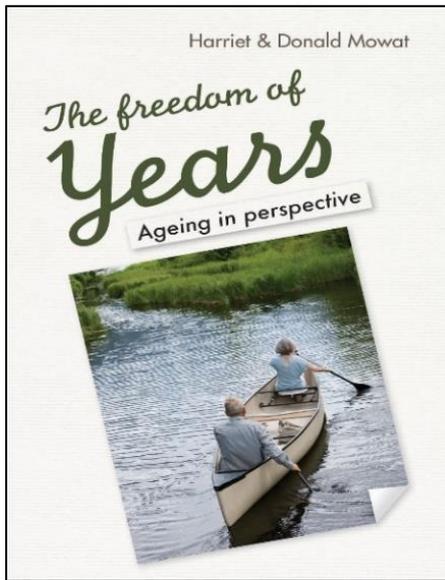


**COME AND SING CAFÉ** Developed with support from the Life Changes Trust, this online resource shows how/why a group of churches in the east end of Glasgow have developed their ‘Come and Sing ‘ Café. [Cranhill, Ruchazie, Garthamlock and Craigend East churches, which are collectively known as the g.r.A.c.c.e grouping, run a Come and Sing café.]

It is available on-line  
<https://www.youtube.com/watch?v=omdlRdW aG8c&t=5s>



## BOOKS



This positive and affirming book explores and reviews the meaning and purpose of our lives. Ageing gives us the opportunity to deepen and even transform our spiritual lives. *The Freedom of Years* helps those who want to undertake the journey by examining the ageing task, the inevitable changes and the possibilities of joy along the way. The book draws inspiration and insights from psychology, sociology, gerontology and the humanities. It is rich in references, whilst remaining highly readable and relevant to the everyday ageing experience. Published by BRF ([Brf.org.uk](http://Brf.org.uk)); 16 February 2018; £8.99; ISBN 978 0 85746 506 1; available from Amazon.

**COPIES (FREE) AVAILABLE FROM FAITH IN OLDER PEOPLE FOR THE COST OF P&P  
£1.50 (per copy)**



**MISSION AND OLDER PEOPLE:  
A Study Guide. Published by The  
Church of Scotland. 2015.  
Includes a DVD.**

This study guide to considering mission and older people is based on a video produced on behalf of the Church of Scotland Mission Forum. The video is introduced by the Revd Colin Sinclair.





Faith in Older People

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