

# JANUARY 2018 NEWSLETTER



## GOOD WISHES FOR 2018

### FORTHCOMING EVENTS



## THE POWER OF MUSIC

for people with dementia and their carers

*CREATING SINGING GROUPS FOR PEOPLE WITH DEMENTIA*

A WORKSHOP LED BY DIANA KERR, DEMENTIA CONSULTANT, AUTHOR AND SINGING GROUP LEADER

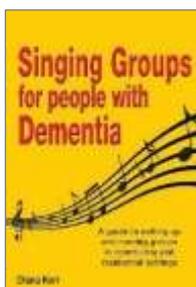
Venue Station Hotel, Perth  
Time Registration 10.30am

Date 28 February 2018  
Cost £40.00

**PLEASE EMAIL US TO BOOK YOUR PLACE - [info@fiop.org.uk](mailto:info@fiop.org.uk)**

**FAITH IN OLDER PEOPLE** has always had a focus on the creative aspects which contribute to an individual's sense of spiritual well-being. *"Spirituality encompasses wide ranging attitudes and practices which focus on the search for meaning in human lives, particularly in terms of relationships, values and the arts"*. The positive effects of music and singing are well documented.

Developing Singing Groups for People with Dementia  
Diana Kerr, Dementia Consultant and Author



**About the author** - Diana has an international presence as an advisor on supporting people with dementia. Diana has over 30 years' experience as a practitioner, researcher, educator and trainer in the field of dementia and learning disability and dementia. Diana is an advisor to service providers and planners who support people with dementia and people with a learning disability and dementia.

## 10<sup>th</sup> Anniversary 2007 -2017 - BECOME A FRIEND OF FIOP

As you know the past 10 years have been stimulating, fun and ambitious with a huge amount of learning as the charity developed and settled into its key role nationally. We have been fortunate to have worked with a tremendous team of associates who have brought different skills and experience which has enabled this incredible expansion of our work. Our growth has been enriched and complemented by opportunities to collaborate with organisations whose work also encompasses the spiritual dimension.

Keeping the spirit alive despite circumstances is fundamental to our well-being so we need to understand what matters to each of us as we age. Over the past 10 years we have had 3375 participants in our courses; held seven Malcolm Goldsmith Lectures with internationally renowned speakers; organised an international conference; undertaken six research projects and published a variety of articles and reports. We have responded to identified need with a range of projects and importantly collaborated with different organisations who bring experience and expertise. See our [2017 ANNUAL REVIEW](#)

The requests we receive to participate in events and the number of people responding to our courses and projects are testament to a growing awareness of the spiritual dimension and the work of our small team. It is included in Scottish Government policies and recognised by regulatory bodies but there is still so much more to achieve. We want to ensure that the spiritual dimension is well understood and that those providing care know *'what gives zest, energy, meaning and identity to the person's life, in relation to other people and the wider world'*.<sup>1</sup> This applies to those cared for and those providing the care.

We remain ambitious for the future, but we need and value your support. **Please become a FRIEND of FiOP.** An annual contribution of £25 will make an enormous difference to our small organisation. As a Friend you will receive our regular eNewsletter and invitations to our events. Please request an application form from [info@fiop.org.uk](mailto:info@fiop.org.uk) . Find out more about our work on [www.faithinolderpeople.org.uk](http://www.faithinolderpeople.org.uk)

With all good wishes

Your sincerely



Bob Rendall  
Chairperson



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<sup>1</sup> Froggatt K. and Moffitt L. (1997) *Spiritual needs and religious practice in dementia care. State of the Art in Dementia Care*, London: Centre for Policy on Ageing (Ed. M. Marshall)

**LONELINESS AND ISOLATION** – Noted below is the link to the recently launched Scottish Government consultation on the draft strategy to combat loneliness and isolation. It would be helpful if you could let FiOP have a copy of your response as this would help us to continue to develop the work being undertaken by FiOP and the Church two meetings we held last year to the Scottish Government and other interested parties.

<https://consult.gov.scot/equality-unit/connected-scotland/>

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**THE EDINBURGH INTERNATIONAL CENTRE FOR SPIRITUALITY AND PEACE BOOKLET (EICSP 2018) – contact <http://eicsp.org/> for details of all events.**

From Saturday 24 February – Sunday 25 March 2018 the 15<sup>th</sup> Annual Edinburgh International Festival of Middle Eastern Spirituality and Peace, MESP 2018, will bring together people from a wide range of spiritual backgrounds, people working with peace, conflict, reconciliation and justice, educators, teachers, scholars and students, people from artistic and cultural backgrounds, people working with health, wellbeing and healing experiences and concerns, people from diverse cultures, traditions and communities and people from across Scotland and internationally.

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**SCOTTISH PARTNERSHIP FOR PALLIATIVE CARE** is organising the following event:

**Everyday Compassion Conference**

We are pleased to announce a major national conference in Glasgow this April - *Everyday Compassion: Supportive responses to dying and bereavement by schools, neighbourhoods and workplaces.*

The conference will bring together experts from across Scotland, the UK and beyond, to explore practical ways of encouraging a more open, supportive and compassionate Scotland in relation to death, dying and bereavement.



Plenary speakers include **Kerrie Noonan**, Director of **Australia's Groundswell Project**, **Professor Allan Kellehear** of Bradford University, and **Dr Libby Sallnow** of St Joseph's Hospice London.

Themes covered will include Compassionate Communities; Death Education and Bereavement Support in Schools; Socio-economically Disadvantaged Communities; the Role of Faith Communities; Media Campaigns; Community Development and Compassionate Workplaces. View the full programme here: [Everyday Compassion Conference Programme](#)

**[NB Faith in Older People (FiOP) will be taking a discussion group on The role of Faith Communities – the practical and the spiritual]**

The event takes place on **Wednesday 25th April 2018** at Renfield St Stephen Centre, Glasgow. Tickets, priced at £20, are available via [Eventbrite](#).

– for more information please click [HERE](#)



**PALLIATIVE AND END OF LIFE CARE TEAM** - Further to the publication of '*Enriching and Improving Experience*. Palliative and End of Life Care: A framework to support the learning and development needs of the health and social services workforce in Scotland'. The framework is now available on NHS Education for Scotland TURAS Learn:

<https://learn.nes.nhs.scot/2452/palliative-and-end-of-life-care/palliative-and-end-of-life-care-a-framework-to-support-the-learning-and-development-needs-of-the-health-and-social-service-workforce-in-scotland>

If you require any further information, please contact [pallcare@nes.scot.nhs.uk](mailto:pallcare@nes.scot.nhs.uk).

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**GOOD DEATH WEEK** will take place across Scotland from **14-20 May 2018**. It is an opportunity for individuals and organisations to promote the positives of living in a society where people can be open about dying, death and bereavement. It replaces our annual 'awareness week', which in previous years has seen all kinds of events including death cafes, conferences, art exhibitions, information sessions, film screenings, craft workshops and before I die walls. Organisations and individuals across Scotland are invited hold events to mark the occasion, as well as making a noise over social media. Anyone can get involved by organising an event, no matter how big or how small. If you'd like to chat through your ideas, please [get in touch](#), and if you are planning to take part please let us know so we can help promote your event. For those looking for inspiration, the theme this year will be 'What does a good death mean to you?'

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## **DEAF WITH DEMENTIA IN SCOTLAND**

**BSL Dementia Training FREE.** We can provide you and your team with a maximum of half a day's training. Get in touch with us to discuss your requirements. Contact: LUCY CLARK 07548 217781 or email [dementia.scot@bda.org.uk](mailto:dementia.scot@bda.org.uk)

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## **GOOD LIFE, GOOD DEATH, GOOD GRIEF**

**Save the date** - Wednesday 25th April 2018, Renfield St Stephen Centre, Glasgow - a major conference to showcase and explore current thinking and practice relating to public health palliative care in Scotland. The conference will be a chance to explore what can be done to create more open and supportive attitudes and behaviours relating to death, dying and bereavement in Scotland.

**To Absent Friends** - It's also never too soon to start planning for 2018. The date can go in your diary now - 1-7 November 2018



Faith in Older People

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