

OCTOBER 2018 NEWSLETTER



FAITH IN OLDER PEOPLE

is a small voluntary organisation which aims to enhance the quality of life and well-being of older people by working with those providing practical, pastoral or spiritual care.

FORTHCOMING EVENTS

The Annual Malcolm Goldsmith Lecture

Thursday 8 November 2018

Registration from 4.30pm (Lecture starts 5.00pm)

Grosvenor Hotel, Edinburgh

GUEST SPEAKER - *Dr John Morrow CBE QS* –

Ancient but ever growing –

“A 40 year pilgrimage in the mental health fields of Scotland”

The Lecture will be followed by a reception.

Cost £16.00 **To register please email info@fiop.org.uk**

A WORKSHOP ON END OF LIFE CARE

Thursday 15 November 2018. 10.00am – 3.30pm

Franciscan Hall, 90 Saracen Street, Fossilpark, Glasgow G22 5AD

You are warmly invited to join us in this workshop where we have the opportunity to explore and share experiences as well as learning from each other around the end of life care. It can be a difficult topic and yet, it is the one thing that we all have in common, we will all die. Our hope is that by providing this space, participants will feel supported during our time together. The workshop will be experiential and our hope is that at the end of the day we will have lots of information which will be collated and sent to you with the possibility of continuing conversations.

Led by Caroline Brown

Cost £30.00 To register please email info@fiop.org.uk

WHAT HAVE WE BEEN DOING?

Our activities

We have had a hectic few weeks with a variety of events which have been stimulating and informative and have all been collaborative activities. _____

The Just Festival

In August we held an event in partnership with the **Bethany Christian Trust** as a contribution to the JUST Festival. We were continuing to have a focus on the theme of 'identity and belonging' on which we had a conference in 2017 in collaboration with Interfaith Scotland. In the JUST Festival we were privileged to hear the stories of three people whose families came from different countries with different faiths. They illustrated the highs and lows of moving to a new country and the barriers to integrating. They were amusing, challenging and thoughtful and deserved more time than the hour we had. So an opportunity for another event!

Identity and belonging has been a key theme for FiOP and last year we commissioned a set of illustrative photographs from Colin Gray, Photographer. We would welcome the opportunity to display them and if you are interested in borrowing them for a short time please contact director@fiop.org.uk

HERE IS A SELECTION:



Loneliness and Isolation

This was the subject of a joint conference with **Interfaith Scotland** which was held in Linlithgow. The presentations and discussion highlighted how complex loneliness and isolation can be and the importance of creating imaginative ways to combat it across all ages. The conference also provided the opportunity to respond to the Scottish Government consultation on 'Connecting Scotland' to formulate a strategy.

FiOP ANNUAL GENERAL MEETING

This year we extended the AGM in order to have presentations on some of the projects happening in FiOP.

- The research project in care homes on spiritual care – Demystifying Spiritual Care.
- Feedback from the Purple Bicycle project workshops designed for care homes to elicit the spiritual needs of residents
- A report on the research in the Hospital Based Complex Clinical Care Units in Lothian on spiritual care education for hospital staff
- Spiritual Care Matters our eLearning course on spiritual care for everyone involved

These reports and the course can all be found on www.faithinolderpeople.org.uk



Death and Dying

This is an important matter and FiOP is considering the issues in different contexts. A Workshop facilitated by Rev Canon Marion Chatterley for clergy was held in Dundee and was very well received.

If you are interested in holding or attending a workshop please contact Director@fiop.org.uk

“....., the style of training was excellent”

Theology of Aging

This was a new venture. Together with Edinburgh University Chaplaincy we brought together some eminent speakers who represented different theology perspectives – Professor John Swinton, Professor Peter Kevern, Professor Mike Parker and Rev Dr Keith Albans in the context of ‘Can theology be practical’.

It was a wonderfully stimulating day and again there is more we can do.

FiOP and Church of Scotland Guild

The third conference of the ecumenical group which we brought together last year to discuss loneliness and isolation focused on dementia and faith communities and the role of the church in supporting end of life matters. There was a really good discussion on both issues which will help FiOP and the Guild to focus on what we need to do next.

FiOP is a stakeholder in Good Life, Good Death, Good Grief, which is a project of the Scottish Partnership on Palliative Care which as part of its remit aims to encourage all of us to have conversations about our wishes, concerns, plans and so.

See <https://www.goodlifedeathgrief.org.uk/> and in particular the potential of activities in relation to ‘Absent Friends’.

A report on compassionate communities entitled ‘A Road Less Lonely’ has also been produced and is recommended. <https://www.palliativecarescotland.org.uk/content/publications/A-Road-Less-Lonely-WEB.pdf>

OTHER INFORMATION



Voluntary Health Scotland

Get The Picture: Culture, Health and Wellbeing .

TUESDAY 20 NOVEMBER – 9.00AM-4.00PM

*John McIntyre Conference Centre
Pollock Halls, 18 Holyrood Park Rd
Edinburgh, EH16 5AY*

<https://vhscotland.org.uk/event/vhs-annual-conference-and-agm-2018/>

[Click here to book](#) and secure your place at the 2018 conference, taking place in Edinburgh's John McIntyre conference centre. This is your opportunity to join with health charities, other voluntary and community health organisations, health boards, health and social care partnerships, local authorities, culture trusts and arts organisations in a timely exploration of the relationship between culture, health and wellbeing

ROYAL SOCIETY FOR PUBLIC HEALTH (RSPH)

Dementia and the arts: Sharing practice, developing understanding and enhancing lives. This free online course has been developed by University College (London) (UCL) and Created out of Mind with an interdisciplinary team of scientists, visual artists, musicians, researchers, broadcasters, clinicians, people living with dementias and carers.

Over a period of four weeks, the course will explore, challenge and shape your perceptions of dementias and will investigate what we can all do to improve the quality of life and care for people living with different dementias.

To SIGN UP – go to -

<https://www.rsph.org.uk/our-services/e-learning/courses/dementia-and-the-arts.html>



Annual Conference 2018

The Sense of an Ending: stories, meanings and understanding

Bookings are now open for our [Annual Conference](#) , which will take place on 28 November - Royal College of Physicians Edinburgh

More information is available here: [SPPC Annual Conference 2018](#)

PLEASE CONTACT ME (Maureen O'Neill) at director@fiop.org.uk or telephone 0131 346 7981 to discuss the possibility of tailor-made courses.

All our events can be booked via our website www.faithinolderpeople.org.uk



Faith in Older People

Registered Company SC322915 Registered Charity SC038225

21a Grosvenor Crescent, EDINBURGH EH12 5EL Tel: 0131 346 7981 Email: info@fiop.org.uk

Website: www.faithinolderpeople.org.uk