

OCTOBER 2019 NEWSLETTER



FAITH IN OLDER PEOPLE

is a small voluntary organisation which aims to enhance the quality of life and well-being of older people by working with those providing practical, pastoral or spiritual care.

FORTHCOMING EVENTS

Conference in collaboration with the Scottish Partnership on Palliative Care and the Church of Scotland Guild



Building and Sustaining Compassionate Communities
the role of churches in supporting people with end of life matters

Wednesday 27 November 2019 10.00am-4.00pm
Methodist Hall, Nicholson Square, Edinburgh
Cost: £30.00 (concessionary places on application)

When faced with the reality of deteriorating health, caring responsibilities, death or bereavement people need many things from the NHS and other formal services, and from their friends, families and communities.

Churches and faith communities have a key role to play in developing and sustaining compassionate communities and this conference will focus on the different aspects providing support to individuals- spiritual, practical planning and support for the dying and bereaved.

The aim is to share experience and ideas.

Speakers will consider why it is important to take action; resourcing the clergy, relationships between communities and hospices and practical planning. There will be time for discussion.

To book a place click [HERE](#)

or visit www.faithinolderpeople.org.uk, email info@fiop.org.uk telephone **0131 346 7981**

**A WORKSHOP FOR CLERGY AND PEOPLE
IN AUTHORISED MINISTRIES:
WE NEED TO TALK ABOUT DEATH AND
DYING**

Tuesday 15 October 2019

Methodist Halls, Nicolson Square, Edinburgh

Registration 9.30am START 10.00am –

Finish by 4.00pm

COST £40.00

To book click HERE or

visit www.faithinolderpeople.org.uk email
info@fiop.org.uk telephone **0131 346 7981**

This Workshop will offer support and tools to enhance confidence in having pastoral conversations about death and dying. Using a model from the field of bereavement to explore emotional, psychological and spiritual responses and building on the experiences of the participants, the day will resource those who attend to go deeper in their pastoral encounters with people who are actively addressing their own mortality. The day will be facilitated by the Rev Canon Dr Marion Chatterley. Marion currently works as a hospice chaplain and has many years' experience of journeying both people who are dying and those who seek to support them. The programme assumes a degree of personal sharing and therefore participation is restricted to clergy and others in authorised ministries within churches.

THE PROGRAMME WILL INCLUDE THE FOLLOWING TOPICS

(there will be a break mid-morning and lunch will be at 12.30pm)

- **Introduction to the day (keeping yourself safe/taking risks)**
- **Input on bereavement theory/translation into discussion of diagnosis/change in prognosis/impact of illness in close friends etc**
- **Work on tables emerging from input**
- **Challenging deaths**
- **Self care**
- **A final discussion**

Power of Attorney day

Families across Scotland are being urged to arrange power of attorney (POA) over loved ones in a bid to protect their wishes in the event of serious illness or accident.

In the event of an illness or accident, POA allows a nominated person of authority to act or make decisions on a family member's behalf. Like a will, it's something everyone should think about putting in place.

This year, 20 November has been designated as Power of Attorney day and there will be activities and campaigning across Scotland. A series of public information videos have already been released. For more information visit <https://mypowerofattorney.org.uk/>. You can also follow Start Talking POA on [Twitter](#) and [Facebook](#).



What has FiOP been doing?

September has been a hectic and fulfilling month.

🌸 It started with Maureen O'Neill, Director of FiOP attending the Church of Scotland Guild Gathering on 7 September in Dundee which is attended by over two thousand members of the Guild from all over Scotland who have immense commitment to a range of work from near home to Malawi and to Balkans to name but a little. The singing is great!

🌸 FiOP had a lively discussion organised in conjunction with Interfaith Scotland considering the contribution of older people from all our faiths to the support of both older people and the wider community. We feel that insufficient is known about the extent of the contribution and the importance of including our faith communities in discussion about social issues and our communities. We want to develop a project.

 Our Chairperson, Bob Rendall and Maureen O’Neill facilitated two workshops for an ‘Inspire Day’ run by the Church of the Nazarene in Paisley. The event was very well attended and the discussion in the workshop very lively. Again, there was much singing!

 In conjunction with the Church of Scotland Guild we held our conference ‘One-Step-at-a-Time’ on Tuesday 17 September in Edinburgh. It was attended by 75 people from all over Scotland. The presentations were excellent, informative and stimulating as was the discussion.

The presentations given on the day can be found by clicking [HERE](#) or at www.fiop.org.uk/resources

ONE STEP AT A TIME CONFERENCE - these are the key issues emerging from the Conference that congregations could build upon in conjunction with the Learning Resource FIOP has produced (One Step at a Time) – see page 4 for details. The discussions were rich, but these are the mutual issues that came to the fore and the important focus is to make things happen.

EDUCATION	<ul style="list-style-type: none"> • Needs of people with dementia, carers and family • Congregations • Everyone experiencing dementia is different • Support carers • Dementia friends training • Do conferences and/or seminars in different parts of the country • Training for clergy on worship for people with dementia • Different education methods online, Youtube
BUILDINGS	<ul style="list-style-type: none"> • Signage: toilets and general flooring, lighting • Risk assessments
RESOURCES	<ul style="list-style-type: none"> • Awareness of resources available • Sharing with other churches and local organisations • Technology as an enabler
ACTIVITY	<ul style="list-style-type: none"> • Music • Pets/dogs • Walking • Godly Play • Companionship
WORSHIP	<ul style="list-style-type: none"> • Need to know more • Practical examples • Specific for care homes
PASTORAL	<ul style="list-style-type: none"> • Retaining connection • Understand needs of resident in care homes • Knowing who has not been attending church for a while

 The FiOP AGM was accompanied by an excellent seminar on ‘Spiritual Care in Prison’ which again was very enlightening. Amongst the presentations was one about a project which had been set up in Maine, USA which trains prisoners to care for other prisoners who are requiring palliative care. This is a model which could be replicated to support older prisoners in addition to the work being carried out by the Salvation Army, CrossReach and others within the service. The presentation on chaplaincy and the Scottish Prison Service was very informative.

🌸 Maureen O’Neill attended the Christian Council on Ageing Conference in Sheffield and it was good to see that our areas of interest are very similar so there is great potential to work more closely together.

🌸 FIOP facilitated a workshop for the Tayside Christian Fellowship on dementia. The workshop was led by Mary Marshall and it was a great day of discussion and sharing.

“I appreciated the presentation from the two of you. You gave us so much information and so many people wanted to contribute – we could have gone on well into the afternoon”.

🌸 Maureen O’Neill attended the Scottish Older People’s Assembly (SOPA) which was held in the Scottish Parliament. There were 170 participants with representation from MSP’s who addressed a range of questions from the participants. The Minister for Older People and Equalities, Christina McKelvie gave the opening address and the Deputy Presiding Officer Christine Grahame, MSP chaired the session. FIOP was pleased to have the opportunity to make one of the opening statements to highlight the importance of spiritual well-being in older age. There were six workshops in the afternoon on a range of themes affecting older people and the outcomes will be made available by SOPA in due course.

🌸 In between the events we have progressed the Befriending Evaluation and given thought to future plans which include training for curates, congregations and others before our next joint conference at the end of November.

EDUCATION

SPIRITUAL CARE MATTERS - this is a series of e-learning courses for front-line staff working in care homes, health and other care settings.

<p>What matters most – for older people? Supporting the spiritual needs of older people This course will help you build confidence, skills and resilience to support the spiritual well-being of older people. The course explores how spiritual care is defined, what it means in practice and why it matters to support the spiritual needs of older people.</p>	<p>What matters most – for care staff? Looking after your own spiritual well-being This course speaks directly to care workers and their need to develop tools for coping in emotionally demanding situations. The course explores why it is important to look after yourself, builds your skills and confidence and will help you find support when you need it.</p>
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For further details, go to

[HTTPS://WWW.FAITHINOLDERPEOPLE.ORG.UK/PROJECT/SPIRITUAL-CARE-MATTERS/](https://www.faithinolderpeople.org.uk/project/spiritual-care-matters/)

“It’s a good course – I developed skills and confidence to support residents.”
Registered Nurse

“Looking after the spiritual well-being of the whole workforce means that staff feel respected, appreciated and trusted. It helps create a supportive atmosphere.”
Care Home Manager

FIOP PUBLICATIONS

ONE STEP AT A TIME – A Learning Resource

This resource is available to download <https://www.faithinolderpeople.org.uk/project/one-step-at-a-time/>. It is an introduction to dementia and aims to help clarify the range of language and terminology used, provides some key facts and signposts useful resources. It will affirm what you are already doing and assist in identifying some key area or issues for your faith community to work on. We would welcome your feedback on this publication so that we can continue to evolve it.

FIOP was delighted to receive this glowing feedback from a member of Dementia Advocacy Canada

“I was awestruck when I came upon your practical guide, One Step At A Time’. This by far is the richest and most detailed guide I have been able to uncover. Well done! Since my advocacy work began some years ago, I have been telling people here in North America that the UK is so far ahead of us in terms of creating dementia-friendly communities.” (Matthew Dineen, DAC)

Why rights and why now? Lucy Mulvagh, Director of Policy and Communications, Health and Social Care Alliance Scotland (the ALLIANCE)

I'm delighted to be asked to write for FIOF about the importance of taking a human rights-based approach to policy development. Anyone who knows me, knows that this is by far one of my favourite subjects!

But why write about rights, and why now?

Well, firstly because there's no wrong time for rights; you'd be hard pushed to find any aspect of human life that doesn't involve them in some way, shape or form. They are inherent to all us human beings, without discrimination, and irrespective of our faith, age, gender, nationality, or any other characteristic.

Secondly, because there's an increasing amount of talk about rights in Scotland at the moment, particularly (but not exclusively) in 'policy-land'.

Many policy areas that affect older people contain a strong human rights element. This includes dementia, palliative care, Scotland's new social security powers, the (newish) National Health and Care Standards, the National Performance Framework, social care, transport, and many others.

However, despite the welcome recognition of rights on paper, people still routinely report not experiencing them in their everyday lives, including when accessing services and support. We've

got a serious – and potentially growing – problem with the 'implementation gap', and we need better ways to plug it.

I believe that part of this work includes raising everyone's awareness and understanding of what rights look like in our daily lives, and not shying away from the many myths and misunderstandings that can arise.

A good place to start is by looking at the fundamental principles that underpin human rights. Many people have heard of the Human Rights Act and European Convention on Human Rights, but there's a whole raft of other international human rights treaties overseen by the United Nations and signed up to by our governments. Rights are universal and belong to all of us, irrespective of whether the rights in these treaties have subsequently been included in national laws. That said, rights should be set out in domestic legislation so they can be meaningfully enforced. This is why it is so encouraging that the Scottish Government has set up a National Human Rights Leadership Task Force – led by Professor Alan Miller and Cabinet Secretary, Shirley-Anne Somerville MSP – to create a new statutory framework and incorporate economic, social, cultural and environmental rights (<https://www.gov.scot/news/ne>

[w-national-taskforce-to-lead-on-human-rights-in-scotland/](https://www.gov.scot/news/news-national-taskforce-to-lead-on-human-rights-in-scotland/)).

There are two main groups when it comes to rights – rights holders (people), and duty bearers (public bodies like national and local governments, health boards, etc.)

Rights holders need to be empowered to participate freely, meaningfully and actively in decisions that affect their rights (like agreement to medical interventions, based on well communicated, clear information). They also need to be able to easily claim their rights and have good, free access to redress when things go wrong.

Duty bearers need to be well informed and enabled to realise their obligations to respect, protect and fulfil people's rights, and should be easily held to account.

As well as better understanding some of the principles, it's very important to recognise and address the myths and misconceptions about human rights.

For example, some people query the 'added value' of rights. 'What's the point?' they ask, 'Don't we already *do* rights?' or 'Aren't you just asking us to do yet *another* thing – to add to never-ending list of stuff we have to do, like person centredness, coproduction, personal outcomes approaches, etc.

etc??' My response to this is that human rights is the umbrella under which we can address different approaches in a cross-sectoral and joined up way. It is the common language and unifying philosophy to bring seemingly disparate initiatives together.

Some people believe that it's just not possible to apply rights in real life – they are lofty principles for academics to ponder in their ivory towers. This just isn't true. There are many practical tools to help embed human rights at all stages of our work; from policy development and law, through to budgeting; implementation, monitoring, evaluation and review. This can help us put the 'human' back into our systems and processes. Some of these include:

Policy development

- Check-in using the PANEL Principles:
www.scottishhumanrights.com/media/1409/shrc_hrba_leaflet.pdf
- Carry out an Equality and Human Rights Impact Assessment:
eqhria.scottishhumanrights.com/

Budget setting and financial management

- Use human rights budgeting:
www.scottishhumanrights.com/economic-social-cultural-rights/human-rights-budget-work

Implementation, monitoring and review

- Train staff using Care About Rights:
careaboutrights.scottishhumanrights.com/index.html
- Follow the FAIR Flowchart:
careaboutrights.scottishhumanrights.com/flowchart.html

Human rights are about a paradigm shift and rebalancing power. In the context of health and social care it reframes people who access services as rights holders with the capacity to play an active role in their lives, rather than passive recipients of charity and/or medical interventions. This is empowering for some but can worry and intimidate others, who fear being left to make difficult decisions alone. However, supported decision-making is a key element of a rights based approach.

Rights can also be seen as a threat by the status quo, who think it's all about lawyers and being sued. Of course, there is accountability when things go wrong – as there should be – but if a human rights based approach has been used from the start then 'things going wrong' has been better averted to begin with. Another important thing to remember is that the people who work in health and social care are rights holders themselves, and human rights and the rights based approach can help make things better for everyone.

Finally, there is a pragmatic business case for using a human rights based approach because it provides a

framework for balancing competing rights, interests and risks. For example, using rights in budgeting and fiscal planning can help overcome anxieties about fairness and transparency, support difficult decision-making, and ensure decisions about value for money and efficient use of resources are made on an equal basis. This is a strong argument when issues are highly politicised, like the care and support of older people in Scottish society.

Have your say

Scotland's second National Action Plan for Human Rights is currently being drafted and there's an event for rights holders to contribute in Glasgow on 26th September. Register here:

<https://www.alliance-scotland.org.uk/blog/events/invitation-to-shape-scotlands-second-national-action-plan-for-human-rights/>

Find out more

There's lots of very useful information about human rights at this UN website: www.ohchr.org and on the Scottish Human Rights Commission website: www.scottishhumanrights.com

The ALLIANCE report 'Being Human' looks at the policy and practice considerations of implementing rights based approaches in health and care: www.alliance-scotland.org.uk/blog/resources/being-human-a-human-rights-based-approach-to-health-and-social-care-in-scotland-2

30 August 2019

OTHER FORTHCOMING EVENTS

Scottish Interfaith Week

10th - 17th November 2019

Eat Share Love

Scottish Interfaith Week 2019 is now live! This year's theme is **Eat Share Love** and we hope that everyone will take part and lead on a variety of events from the Central Belt to Orkney! Together we can show that our mutual love for great food, good conversation, song & dance and creativity will break down barriers and allow us to celebrate the rich cultural diversity across Scotland.



Eat Share Love - our 2019 theme!

Learn about each other's faith or culture by enjoying a meal, sharing stories, recipes and skills and cooking together or for each other. Eat, sing, dance, talk, create, innovate, learn, experience and most importantly, enjoy.

[Download our event ideas here](#)



Planning your event

Get creative, engage with others in your community and start planning! Your events over the years have been inspirational and we have no doubt #SIFW19 will be the best one yet. All you need to do is [submit your event](#) and we'll help you promote it.

Edinburgh Interfaith Community Meal for Interfaith Week

November 11th, 6-8pm

City of Edinburgh Methodist Church

A Presentation by Scottish Faiths Action for Refugees: Supporting Refugees in Scotland

Join us for an inspiring event as we explore:

- The situation of refugees in Scotland
- What refugee integration looks like
- Ways you can get involved in supporting refugees

RSVP to info@eifa.org.uk



Older people are in the news. We are used to being seen as a burden; now we are caricatured as unreasonably wealthy and pampered by the state

to the detriment of younger people; benefits risk being withdrawn. In reality, older people are loved and valued within their families and localities; we have much to offer and much to think about – past, present and future. *Christians on Ageing* wants these issues talked about because they matter for the well-being of society.

Christians on Ageing info@coa.org.uk

PASSING THE BATON - *Befriending people back into the community. An opportunity for you and your Church to engage with people who are lonely and socially isolated in our communities*



Bethany invites to you to two consecutive training evenings on the 7th & 14th November 2019 at Bethany Christian Trust, 65 Bonnington Road, Edinburgh, EH6 5JQ. Join us at 6.30pm for a buffet tea followed by two inspirational evenings of learning, encouragement and information to develop your important role as a volunteer Befriender with Bethany. To book - <https://www.eventbrite.co.uk/e/passing-the-baton-befriending-training-tickets-59822631100> Email us on ptb@bethanychristiantrust.com Call or text us on 0131 454 3114 Follow us on twitter @Befriending_BCT

UNITING FOR PEACE, “RELIGIOUS FREEDOM, RELIGIONS PERSECUTION – AND PEACE

Wednesday 13th November – 7.15pm for 7.30pm start Annandale Street Mosque

Speakers to include: Rev Brian Cooper – UFP Churches & Inter Faith Secretary – *Religious Freedom and Persecution – A Global Overview*

Imam Hassan Rabbani – Glasgow University, Interfaith Consultant: *Religious Freedom in the Koran and Muslim Tradition*

Imam Abdul Ghafoor will read from the Koran.

Edinburgh Interfaith A Taste of Community Meal

A community meal hosted by “The Family Federation for World Peace and Unification

Saturday 16th November – 6.30pm-8.00pm – Christ Church Morningside, 6a Morningside Road, Edinburgh

INTERNATIONAL DAY OF OLDER PERSONS

This is the motion that was agreed at the Scottish Parliament’s Cross-Party Group on Older People, Age and Ageing and put forward by Sandra White MSP.

It is a call to action from all of us.

Motion Text:

That the Parliament recognises the International Day of Older Persons, which is commemorated around the world every year on 1 October; acknowledges that, by 2050,

two billion people, over 20% of the world's population, will be 60 or older; understands that Scotland is ageing faster than the rest of the UK and that the next 20 years will see a 50% rise in people living with dementia in Scotland; recognises the vital role that Age Scotland plays in inspiring, involving and empowering older people in Scotland so that everyone can love later life; recognises the latest figures in the Scottish Household Survey, which show that around 282,000 older people in Scotland feel lonely some or most of the time; calls

on Members to mark the International Day of Older Persons by pledging support to Age Scotland’s #ShareWhatYouLove social media campaign to tackle loneliness by sharing something that they love doing with an older neighbour, relative or even someone that they speak to on their daily commute, and believes that, by sharing what they love, people can make a big difference and help meet Age Scotland’s call to cut the number of lonely people in Scotland in half by 2025.

SOCIAL SECURITY SCOTLAND

A new benefit to provide help for people on low incomes to meet the costs of a funeral has been introduced from 16 September. The Funeral Support Payment will be delivered by Social Security Scotland and will replace the Department for Work and Pensions' Funeral Expense Payment for people living in Scotland. It is a one-off payment that provides people on low income benefits with a contribution towards the cost of a funeral. Some improvements, in comparison to the current payment, have been introduced. These include widening the eligibility on who can apply, speeding up the processing times for completed applications and annually reviewing and uprating the payment to take account of inflation

People are able to apply online at www.mygov.scot/funeral-support-payment or through Social Security Scotland's Freephone helpline of 0800 182 2222. The helpline is open Monday to Friday from 8am to 6pm. A paper application is also available and can be requested via the helpline or downloaded direct from Social Security Scotland's website. This benefit commenced on 16 September 2019.

Social Security Scotland also delivers Carer's Allowance Supplement, an extra payment

for people in Scotland who get Carer's Allowance, and the Best Start Grant and Best Start Foods payments, which are helping support low income families with children. Further information on these benefits can be found at <https://www.mygov.scot/benefits/> or by phoning Social Security Scotland on 0800 182 2222.

Please note: Applications for our Funeral Support Payment are accepted from the date of death, up until six months after the funeral has taken place. This means that anyone who meets the eligibility for the Funeral Support Payment and has already paid for a funeral within the last 6 months will be able to apply retrospectively, as long as they haven't already received a Funeral Expenses Payment from DWP.

Our communications approach.

This documents can be found on our website: www.socialsecurity.gov.scot/what-we-do/stakeholder-resources/funeral-support-payment.

Over the coming months we would like to work with you to identify how we can use your existing communications channels to highlight Funeral Support Payment to eligible families. The communication products we have created are there for you to share with your

employees, stakeholders and the members of the public who you work with. We will be keen to display promotional materials in your offices and centres, to use things like your newsletters and social media forums to help us spread the word and to come along to events or meetings to talk more to you and your networks about the Funeral Support Payment. In the meantime, if you have a specific need in regards to communications products, please email us on marketingmaterials@socialsecurity.gov.scot and we will look to accommodate this as best we can.

Social Security Scotland's Local Delivery Team will also be on hand to attend events, meetings or staff training opportunities. Please contact us by email at localdelivery@socialsecurity.gov.scot in the first instance and we'll be in touch.

Local Delivery Team at Social Security Scotland



Social Security Scotland, Ground Floor, 220 High Street, Glasgow G4 0QW

National Engagement Support - Social Security Scotland

T: 01382 931812

localdelivery@socialsecurity.gov.scot

www.socialsecurity.gov.scot

SURVIVORS OF HISTORICAL CHILD ABUSE IN CARE IN SCOTLAND

In October 2018 the Deputy First Minister committed to establishing a financial redress scheme for survivors of historical child abuse in care in Scotland. This will require legislation to be passed by the Scottish Parliament. Today the Deputy First Minister launched a public consultation, the results of which will directly inform the legislation that will underpin the development of the redress scheme. It will run for 12 weeks, closing on 25 November.

You can find information on the consultation, including details on how to respond here <https://consult.gov.scot/redress-survivor-relations/financial-redress-historical-child-abuse-in-care>.

An information note which provides further background information is available at <https://www.gov.scot/publications/financial-redress-for-survivors-of-child-abuse-in-care-information-note/>. The associated press release can be found here <https://www.gov.scot/news/consultation-on-financial-redress/>.

The Scottish Government is aware that there are survivors who may not live long enough to apply to the statutory redress scheme. We have taken steps to ensure that they are able to access redress. The Advance Payment Scheme, for those with a terminal illness or age 70 or over, opened on 25 April 2019. Further information is available at <https://www.gov.scot/policies/child-protection/supporting-child-abuse-survivors/>.



Redress and Survivor Relations Division, Scottish Government
Area 2A South, Victoria Quay EDINBURGH EH6 6QQ redress@gov.scot

Prisoners Week, an initiative of the Churches in partnership with the Scottish Prison Service, aims to stimulate discussion, highlight concerns and share hope, in prisons and communities across Scotland. It takes place in the third week of November. This year's theme is 'Out of Sight Out of Mind'. Jesus taught us that 'as much as you do it to the least of those, you do it to me' (Matthew 25:40).

In a year where the number of those locked up in our prisons has reached a new high, this year's Prisoners Week theme encourages us to find out more about the prisons, prisoners, their families and those affected by crime in our area. It is a challenge to think about those we usually keep out of sight and out of mind...and to think about how we can show our care for them inside and outside.

To promote greater awareness of the issues we will be launching a social media campaign which will run for the whole year. Starting in Prisoners week with a series of video blogs from each of the prisons we will then publish invited reflections from individuals and organisations working with prisoners, their families and victims. A twitter account will also be set up to reach a younger age group than we have traditionally reached in the past.

Draft Carers Strategic Policy Statement Consultation

The consultation is open for 12 weeks (30/09/2019 until 13/12/2019).

You can access the consultation using the following link :

<https://consult.gov.scot/health-and-social-care/carers-strategic-policy-statement>

LUMINATE'S CREATIVE ADULT LEARNING SURVEY



We want to know more about the creative opportunities that are available for older people and find out what - if anything - could be better. We are interested in adult learning in all its many

forms - for example classes and workshops provided by arts organisations, libraries, community centres etc. Your responses will help us to plan our future programme, and we really appreciate your help.

We invite you to complete [our survey](#) to tell us about *your* experience of taking part in creative learning activities.

It will take less than 10 minutes and your answers will help us make creative adult learning more accessible for all.

Please follow the link [here](#) to have your say **before 26 October** when the survey closes.

LIFE CHANGES TRUST - The Life Changes Trust has funded almost 40 dementia friendly communities all over Scotland. These projects all embrace some basic, key principles that help to create robust dementia friendly communities. We have used the learning to date to design a toolkit exploring the nine key principles (available on our website) and to illustrate these practices we have produced this short film, showcasing five diverse and powerful Trust-funded dementia friendly communities in Scotland. Each of them is exceptional and each of them change lives every day.

The FiOP Chairperson, Bob Rendall, attended the launch of this film - **LIFE CHANGES TRUST DEMENTIA FRIENDLY COMMUNITIES** - which can be found via the link below which also gives access to a range of short films produced by the LCT <https://www.youtube.com/watch?v=dn9SoC3kCI8>

ALZHEIMER SCOTLAND WINTER LECTURE

This lecture will be held at the Old Fruitmarket in Glasgow on Monday 2nd December 2019 and is in memory of Professor John Starr. The lecture will delve into the latest discussions surrounding dementia. This year, Professor Ian Dreary OBE, Professor of Differential Psychology at the University of Edinburgh, will explore the impact of the Lothian Birth Cohorts (LBCs) of 1921 and 1936.

For tickets and information <https://www.eventbrite.co.uk/e/the-professor-john-starr-winter-lecture-2019-tickets-69185978123>



Free training
Various dates
Venues – Edinburgh, Glasgow,
Dumfries, Inverness

Do you work or volunteer with a community group or service that supports older people? Our free training day can boost your ability to include and support two key communities within the older population:

- people affected by dementia
- people who have served in the UK Armed Forces and their families

For details and booking, email veteransproject@agescotland.org.uk

Humans of Scotland book launched by the Health and Social Care Alliance



The striking publication shares personal pieces on the struggles of living with long term conditions, as a disabled person and as an unpaid carer.

The stories are a heartfelt contribution to our understanding of what it means to live with significant challenges, from recovering from mental health problems and addiction to life after cancer, coping with hearing and sight loss to living with crippling arthritis as a young mum.

With a foreword from First Minister, Nicola Sturgeon MSP, the book contains stories that are sure to stay with you long after they've been read.

Download your copy of the e-book from <https://www.alliance-scotland.org.uk/blog/news/humans-of-scotland-book-launches/>

FRIENDS OF FIOP

As you are all aware, FiOP is a very small organisation of two part-time staff and an active Board of Trustees. We encompass a wide range of activities with the support of an expert team of associates who bring knowledge and expertise to the organisation. We wish to remain small and nimble but even this needs resources. We raise money from a range of sources but important to us is having the support of those who have shown themselves to be friends through attending events, asking for the Newsletter and using our resources to assist in their own work. We are ambitious as there is much to do in supporting the spiritual needs of older people by increasing awareness of its importance; by providing educational resources as illustrated in this newsletter and in addressing different audiences.

PLEASE BECOME A FRIEND OF FIOP. An annual contribution of £25 will make an enormous difference to our organisation. Please ask us for a form. info@fiop.org.uk Thank you.

FOR YOUR 2020 DIARY

Thursday 7th May 2020 (at 5.00pm)

The Malcolm Goldsmith Lecture to be given by Dr Donald Macaskill, CE Scottish Care
Human Rights and Spirituality
Edinburgh venue to be confirmed



Faith in Older People

Registered Company SC322915 Registered Charity SC038225

21a Grosvenor Crescent, EDINBURGH EH12 5EL Tel: 0131 346 7981 Email: info@fiop.org.uk Website: www.faithinolderpeople.org.uk

PLEASE CONTACT ME (Maureen O'Neill) at director@fiop.org.uk or telephone 0131 346 7981 to discuss the possibility of tailor-made courses